September 2012

This is always an exciting time of the year for students, but it can also be stressful as the academic year begins. Sending a care package, a sweet card, or a happy text message can brighten your student's day and communicate he or she is on your mind.

Prescott College is committed to supporting your student’s educational success, the kind of success which forges lifelong bonds. Trails Home, the parent newsletter, is one way we hope to keep you informed and share useful information about the Prescott College Community. You may also want to visit the Prescott College web pages for parents at www.prescott.edu/parents.

Prescott College Housing Ribbon Cutting

Prescott College unveiled its sustainable Campus Village student housing project on Wednesday, August 15, 2012. Prescott Mayor Marlin Kuykendall and other local dignitaries joined in for the formal ribbon cutting, followed by refreshments and tours of the buildings.
New Faces in Resident Housing

by Carla Rellinger
Director of Auxiliary Services

Please join Prescott College in welcoming Shar Jenniges, Resident Housing Manager, and Bill Barton, Resident Housing Assistant, into the Auxiliary Services Department. These new team members bring a wealth of housing experience, new ideas, and social expertise.

Shar spent the last four years as an "area coordinator" at the University of Wyoming, where she oversaw three resident halls housing up to 600 residents. She has extensive supervision, training, and organizational skills, as well as experience creating policies and procedures for student housing. Shar received her Master of Science in Student Affairs/Higher Education Administration from the University of North Dakota. We look forward to working and learning with Shar in her new role here at Prescott College.

Bill comes to us from Scottsdale, Ariz., where he worked for the past two years as an audiovisual technician in the hospitality industry. In addition, he has six years of experience working directly with university students at a university recreation center, as a teaching assistant, and as an instructor of an introductory sociology course. Bill has several years of administrative and research experience as well as 10 years in customer service. Finally, Bill received his Master of Arts in Sociology from the University of Memphis. We look forward to working with Bill and supporting him in his new role here at Prescott College.

Congratulations to Shar and Bill!

The First Year Experience Program at Prescott College

by Cheryl Schwartz
First Year Experience Program Director
Beginning fall 2012, all incoming freshman will take part in the newly designed First Year Experience Program at Prescott College. The first-year “living-learning” program includes wilderness- or community-based orientation, themed housing in our new student housing complex, themed courses based on their living-learning community, a meal plan through Crossroads Café, life-skills workshops and mentoring focusing on transition to college life and independence, and more.

This unique program creates for incoming students a foundation of “community” during their transition to college life. Through this integrated living-learning environment, students develop close relationships with their classmates and the Prescott College community. Extensive research in higher education shows that this style of living-learning community contributes significantly to the success of students entering college for the first time.

Students choose the themed house that resonates with their interests and degree plan. Courses in the first semester are based on the themes of the living community. The six first-year themed houses for 2012 include the following:

• Wilderness and Society: Students who choose this theme will gain extensive field experiences in their first semester to help them explore questions such as the following: What value does wilderness have to modern society? How can we travel and recreate safely and responsibly in our wild lands?

• Wilderness and Wellness: This theme is also for students seeking extensive field experiences in their first semester. Students will address questions such as these: Is a deep connection to wild places a fundamental component of being human? How can experiences of wilderness and adventure contribute to our health and vitality?

• Food Justice and Sustainability: As one of the fundamental needs for human survival, no discussion of sustainable living is complete without a consideration of how we feed the earth’s human population. Students choosing this theme will explore the measures that can best determine the environmental impact of the food we eat and how the availability of adequate food reflects larger systems of economic, political, and social power.

• Communities and Commons: How to share the finite resources available to people has been a fundamental issue throughout human history, and many of our social systems have been devised to allocate those resources, in ways both equitable and disparate, in some cases ensuring the sustainability of those resources and in others guaranteeing their depletion. This theme is framed by key questions including the following: Is it inevitable that self-interest will ultimately win out over collective interests when we are allocating common resources? What can we learn from different cultural models about ensuring the sustainable use of natural resources?

• Culture, Power, and Identity: Who are you and what does your personal identity have to do with the way that power is distributed between groups by race, gender, sexuality, class, and ethnicity? This section looks at how human societies both build unequal systems and also strive for equality and the challenges that must be overcome in that quest. What does it mean that race is a social construct? How do we understand the very different ways that people access power and advantage through gender? This section seeks to create a space where those parts of identity that are not the norm in a typical college community can find a voice. Additionally, students will learn from readings, speakers, and from each other through specific foci such as "The Psychology of Race," "Image and Power in Mass Culture," and "Normalizing the Body: Gender, Race and Disability."

• Art and Social Change: As we strive for a more sustainable and just society, having great ideas is usually not enough, as we need to find creative ways to effectively communicate them to a very diverse audience. In this theme, students will explore the role that creative expression and the ethical artist can play in expressing both the challenges we face and the best solutions. Key questions will include the following: What role can the arts play in widening the conversations on critical topics to new participants? How can the artist work to engage reason and emotion in ways that produce results that are greater than the sum of their parts?

For more information about the First Year Experience program, contact Cheryl Schwartz at: cschwartz@prescott.edu or call (928) 350-4110.
Join us in Boulder for a fun-filled afternoon of entertainment and education at the Chautauqua Grand Assembly Hall in Boulder, Colo., with scholar and actor Doug Hulmes, who has portrayed John Muir at hundreds of venues since 1993. Prescott College faculty member Doug Hulmes transforms into Muir in a grand style, which will leave you feeling like you met the great naturalist himself. After the presentation, please join us for refreshments.

Chautauqua Grand Assembly Hall
900 Baseline Rd.
Boulder, CO 80302

Space is limited, so please R.S.V.P. at http://muir2.kintera.org/
$10 per person donation requested at time of registration.

Campus Commons Construction

The College is nearing the final stages of transforming the center of campus into a hub of activity, community building, and learning. Improvements are both aesthetic and structural and will provide a multitude of opportunities for the community and visitors to learn, gather, collaborate, socialize, and simply relax. The Campus Commons Plan, guided by Weddle & Gilmore Architects, was a culmination of ideas and expertise from a broadly represented Prescott College committee. Input from the greater community through design charrettes and meetings were integral in providing a vision that the entire community can be proud of. The project began in 2008 with the closure and acquisition of the prior alleyway that cut through the main section of campus. In addition to the other benefits, the closure created a safe environment for pedestrians and bicycles. Other amenities will include outdoor meeting and event spaces, bike parking and areas for native landscaping as well as edible plants and trees. Storage tanks will be used to provide a good portion of the water needed for the upkeep of the vegetation. Kiosks and signage will provide an enhanced communication hub for directional and informational purposes.

2012-2013 Parent Handbook

2012/2013 Parent Handbook is now available on the Prescott College website!
www.prescott.edu/parents

Medical Services

Prescott College is pleased to partner with Yavapai Regional Medical Center (YRMC) to provide medical services to our students. The Family Medicine office at 1050 Gail Gardner Way is the designated service provider for Prescott College students. There are four board certified physicians committed to compassionate, quality, evidence-based medicine, and ready to serve. Appointments are available on the same or next day of the students’ call for service. Co-pays and deductibles are based
on students' insurance plans. For information about making a first appointment, please contact the Student Life Office at (928) 350-1005 or studentlife@prescott.edu for required forms. After the initial appointment, all patient contact will be directly with the Family Medicine office.

Community Supported Agriculture

Believe it or not, it's time for students to start thinking about where their produce will come from during the school year. Well, what better way than to join the College's CSA and pick up produce on campus? Find out more information about the PCCSA by emailing us at pccsa@prescott.edu, or on our website: www.prescott.edu/csa.

Sustainable Agriculture Education Association Conference

There will be a sustainable agriculture conference in Corvallis, Ore., September 9 and 10, 2012. The theme for this year's conference is "The Campus Food System: A Learning Laboratory," and students are highly encouraged to attend to share their experiences in sustainable agriculture education and gather great ideas to bring back to the college. New Agroecology professor Allison Jack will be submitting an abstract to secure a spot, conference registration is open until August 10, and limited student scholarships are available. Please have your student contact Allison Jack if interested in attending: allison.jack@prescott.edu. To learn more, visit http://www.sustainableaged.org/2012Conference.

Give Today at:

Send to:
Prescott College
Advancement Office
220 Grove Ave.
Prescott, AZ 86301
development@prescott.edu
(928) 350-4505 or (877) 350-2100, ext.4505

Additional giving options can be found at: www.prescott.edu/give

Faculty News

Dr. Joel Barnes, On-Campus Faculty and Director of the Graduate Teaching Assistant Program (GTAP), has spent the past year on sabbatical from his GTAP directorship and the past seven months on sabbatical from his RDP faculty position. Joel's research and writing focused on the integration of adventure-based experiential education and riparian landscape geography. He offered workshops and presentations on these topics at New College of the University of Alabama, the Rocky Mountain Regional Conference of the Association of Experiential Education in Durango, Colo., at the Grand Canyon River Guides Spring Training Seminar in Grand Canyon National Park, and up in Flagstaff with guides from Canyon Explorations Expeditions. In conjunction with these events, Joel published articles in the RMS Journal (River Management Society), the Arizona Wilderness Society newsletter, and Boatman's Quarterly Journal, (Grand Canyon River Guides). Joel also worked with graduating senior August York to develop and implement the Butte Creek Restoration Master Plan.

Melanie Bishop's fiction was selected for inclusion in the 2012
Southern Women Writers Conference, sponsored by Berry College in Georgia. The conference is Sept. 20-23, 2012, and this year’s theme is Beginnings and Endings. Melanie will give a reading from the selected work. For more information, visit [http://www.berry.edu/academics/humanities/english/swwc/](http://www.berry.edu/academics/humanities/english/swwc/).

Arts and Letters Faculty **Kenny Cook** is on sabbatical for the 2012-13 academic year. From mid-September to mid-October, he will be the Distinguished Writer-in-Residence in Fiction at Wichita State University in Kansas, giving a reading and lecture, visiting classes, and working with a group of advanced undergraduate and MFA students in one-on-one tutorials. On Friday, November 9, he will be back in Prescott for Yavapai College’s Literary Southwest reading series, giving a reading and talk with Native American poet and writer Natalie Diaz. This event will be at the Yavapai College library community room at 7 p.m. and titled “Interior Mythology.” Cook’s short story, “Filament,” is included in *Best American Mystery Stories 2012*, which will be available in early October.

Environmental Faculty **Tom Fleischner** was a featured speaker at the High Sierra Natural History Celebration which took place in the Yosemite National Park high country. His topic was "Why Natural History Matters." Prescott College alumni and current students were extremely well represented in both the planning team and participants-an impressive, commented-upon turnout!

Arts and Letters Faculty **Dr. Jordana DeZeeuw Spencer** will be a plenary speaker at the Association for the Advancement of Sustainability in Higher Education (AASHE) annual conference in Los Angeles this October. Her presentation is entitled, "Partnering Social Justice with Sustainability: A Challenge to Expand our Understanding of Inclusivity."

Join us in welcoming the 2012/2013 cohort of Graduate Teaching Assistants. Program Director Joel Barnes says they’ll be on the Prescott College campus in residence the entire academic year, working with On-Campus Undergraduate faculty and students and engaging with our on-campus world in their own creative, self-directed ways. There are 14 GTAs total this year. This is a potent cadre of graduate students with a diverse set of backgrounds and interests.

**12/13 Graduate Teaching Assistants**

- Emily Affolter
- Austin Cannaday
- Courtney Dickinson
- Kristy Johnsson
- Seth Lucas
- Sarah Martin
- Joseph McCaffrey
- LeReese Parker
- Tandy Rackerby
- Elena Reiche
- Shay Shapiro
- Roberta Sulls
- Sheena Uritz
- Angelina Wedding

**Think and Feel Positive**

One of the most effective tools that I have seen to help people shift towards a positive focus is to follow this routine for a month or two:

Every night before bed, write down, (on paper, not a keyboard) 3 to 5 things that you did that day that are related to any of these criteria:
1. Had a positive outcome
2. You contributed to a positive outcome
3. Represented changes in the way that you typically do things
4. Were a success
The things that you write can be bullets. For example, I have written things like:
· Had a good client meeting
· Did the paperwork that I had been avoiding
· Took time to relax
· Walked the dogs
· Paid the monthly bills

**How does this work?**
There is a lot of reliable research into understanding how we look at things. Some of this is based on work in evolutionary theory- we are programmed to see the negative, to be constantly on the lookout for potential threats and dangers. That’s a good thing.

But there are also the more positive things that we don’t think about so much. And over time, our sensors for the positive aspects of our lives get reduced by lack of usage. This simple exercise actually works towards reestablishing and strengthening our positive sensors.

And before long, we may notice a different way of seeing the world and living in it! We can feel more positive, less stressed.

**Share your results**
If you do this exercise (daily for 1 month) I would love to hear how it worked for you.

**Do you want to transform your career?**
I help people who have achieved success in their careers, are ready for a change and who need clarity on what’s next for them. I work with clients all over the world using phone, email and Skype, or in-person, helping them transform their careers.

My clients include executives, managers and professionals from business, non profits, academia, attorneys, international development, banking, consultants, engineers, physical and social scientists. For a complimentary initial consultation, contact Jess Dods at jess@jessdodiscoaching.com or call (413) 977-9273, Skype: jessdods, or www.jessdodiscoaching.com.

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**Arizona's College of Distinction: Prescott College**

Prescott College was named as an Arizona College of Distinction by excelling at four distinctions: Engaged Students, Great Teaching, Vibrant Communities, and Successful Outcomes.

Prescott College offers students who are serious about taking ownership of their education a wealth of unique opportunities to explore and realize their potential. Prescott College is a dream come true for environmentalists, outdoor enthusiasts, aspiring writers, artists, or anyone who wants to make a difference and experience the world during college rather than just...
**Did You Hear?**


**Get on the Money**

Prescott College has teamed up with SALT, a new membership program that helps manage student loans and money. Parents and students alike may benefit from this program, which provides free tips and tools on money and student loans. SALT is free and confidential.

With SALT, you can do the following:

- Keep track of student loans.
- Get loan advice from an expert counselor.
- Look for a job or internship.
- Search for a scholarship.
- See how to save money wisely.

Activation emails have been sent to Prescott College students with individual PIN numbers and a link directly into SALT.

For more information, visit [www.saltmoney.org](http://www.saltmoney.org).

**Free Online Personal Finance Courses**

Brighten up your family's financial future by working the kinks out of your personal finances and student loans. Sign up for free online courses from nonprofit American Student Assistance® (ASA) and find out how you can take control.

- Choose the best credit card for you.
- Learn how to make credit work for you.
- Take advantage of different student loan repayment options.
- Understand your true income—and prepare for future financial success.

**Course Titles and Dates:**

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<thead>
<tr>
<th>Course Title</th>
<th>Date</th>
<th>Time</th>
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<tr>
<td>Credit Cards: Take Charge of Your Plastic</td>
<td>September 6, 2012</td>
<td>3 to 4 p.m. ET</td>
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<tr>
<td>Credit Scores: Boost Your Number</td>
<td>October 4, 2012</td>
<td>3 to 4 p.m. ET</td>
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<td>Loan Repayment: Repay Your Way</td>
<td>November 8, 2012</td>
<td>3 to 4 p.m. ET</td>
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<tr>
<td>Income: Chart Your Future</td>
<td>December 6, 2012</td>
<td>3 to 4 p.m. ET</td>
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1. Register for free online at [www.asa.org/finetune](http://www.asa.org/finetune).
2. Receive login instructions from ASA.
3. Log on via WebEx. You’ll need a computer and phone to join us.
4. All sessions will be available for playback for a limited time.

**News For Grandparents**

If you're looking for a gift-tax-free way to assist your grandchildren (and their parents), you may want to consider making direct payments to their school for tuition expenses. Learn more at [http://www.npi-opus.com/opus/web/newsletter.cfm?ord=177393](http://www.npi-opus.com/opus/web/newsletter.cfm?ord=177393).

**Continuing Education and Certificates Available through the Prescott College LifeLong Learning Center**

Looking for a career change? Need a promotion at work? Want to enhance your current practice? The Lifelong Learning Center at Prescott College is excited to launch new certificate programs this year.

**Certificate Programs:**

- Coaching (September 2012 & January 2013)
Coaching (September 2012 & January 2013)
- Sustainability Design, Management, and Entrepreneurship (January 2013)
- Civic Leadership (January 2013)
- Experiential Education (April 2013)
- Digital Storytelling and Digital Media (TBD)

Continuing Ed/Certification:
- Wilderness First Responder (September 2012 & February 2013)
- Certificate in Regenerative Ecological Design with ECOSA (September 2012 & January 2013)
- Brain Gym® (Fall 2012 & Spring 2013)
- Avalanche Forecasting Course – Level I (Winter 2013)
- AEE Adventure Therapy Best Practices Conference (May 9-12, 2013)
- Equine Assisted Learning and Mental Health Best Practices Gathering (May 2013)
- Expressive Art Therapy Summer Institute (July 21-August 4, 2013)
- DIBELs, Next; Structured English Immersion (SEI); and other teacher continuing education available (Ongoing)

For more information, visit [http://www.prescott.edu/lifelong-learning/courses/certificate-in-coaching.html](http://www.prescott.edu/lifelong-learning/courses/certificate-in-coaching.html). Register/apply now! Contact: Cheryl Schwartz at lifelong-learning@prescott.edu or (928) 350-4110.

Current Parents Mentoring Prospective Prescott College Parents

"I'm so glad you offered a program like this. Thank You!"
~Prospective Prescott College Parent

The primary purpose of this program is to build a connection between prospective parents and current Prescott College parents. Current Prescott College parent mentors assist with information through the sharing of their insights and experiences.

For more information on participating in the Parent Mentor Program and joining the Prescott College Parents' Association, please contact msmith@prescott.edu.

Jim Stuckey and Dan Garvey Named Prescott College Presidents Emeritus

During their May meeting, the Prescott College Board of Trustees named Jim Stuckey and Dan Garvey Presidents Emeritus. In the formal motion they stated: “Prescott College has been fortunate to have received the capable services of certain Presidents of the College who have rendered meritorious service to the institution. It is anticipated and hoped that those individuals may be able to assist in furthering the mission and goals of the College … The Board of Trustees wishes to recognize and celebrate the meritorious service of James Stuckey and Daniel Garvey, who have met the criteria established by the Board of Trustees to be named President Emeritus.”

Get Informed About Prescott College Events

Prescott College's events calendar allows you to submit, filter, and subscribe to all of our different categories of events. To submit an event, go to the calendar at [http://calendar.prescott.edu/](http://calendar.prescott.edu/) and click on the "Submit an Event" button on the left. A link to the calendar can also be found in the header of each page of the Prescott College Website.

To subscribe to a specific category and receive alerts in your e-mail or RSS feed, you can choose from the

Subscribe

Event Newsletter

https://www.kintera.com/kintera_sphere/Email/New/EmailEditor.aspx
The Ecosa Institute Now a Part of Prescott College

Over the past decade, through more than 20 semesters of collaboration, many Prescott College students have been able to include sustainable design in their studies through the Prescott-based Ecosa Institute. The two organizations recently made the relationship “official” when an agreement was signed to take in Ecosa as a sponsored program of the College.

Ecosa provides strong sustainable design brand recognition, a unique “immersion semester” curriculum, and staff expertise in design. Prescott College provides cost-effective administrative services, professional marketing and fundraising support, a stable financial structure, academic accreditation, and financial assistance for degree-seeking students. The Ecosa Regenerative Ecological Design program will be available to Prescott College students as a part of the regular curricula overseen by the faculty of the College.

For more information on Ecosa at Prescott College, visit http://ecosainstitute.org/.

Parent Articles of Interest

For the latest articles of interest to college parents today, connect with University Parent Connection's media information. Click on the link at http://www.universityparent.com/connection.

Additional articles on grades, stress, student success, time management, and more can be found at http://www.campuscalm.com.

Check out the menu at the Crossroads Café at http://www.prescott.edu/cafe/.

A Great Gift Idea!
Prescott College Parent Logo Clothing

Proceeds benefit the Prescott College Parents Supporting Field Studies Scholarship. Polos and baseball caps are available online at http://pcparentclothing.kintera.org.

Make Sure We Have Your Updated Info!

We can't stay in touch with you unless we have your current info – mailing address, e-mail, and phone number. You can update your info online at http://pcparent.kintera.org or by calling Marie Smith at (928) 350-4502.
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<th>Donate by Simply Shopping at Amazon</th>
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<td>Prescott College thanks you for using our associate’s link for all your Amazon purchases. Everything from textbooks, to hair pomade, to stationery, to plasma TVs … did I mention textbooks? If you haven’t already, save this link as one of your browser favorites: <a href="http://bookstore.prescott.edu/">http://bookstore.prescott.edu/</a>. When the link opens, click on the Amazon logo to your right. Thank you for your continued support!</td>
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<th>Alumni Sharing Knowledge Career Network</th>
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<tr>
<td>&quot;Career Center Counselors advise seniors to make connections with alumni...&quot;</td>
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<tr>
<td><strong>Students will benefit from working with a Prescott College Alumni Career Mentor!</strong></td>
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<tr>
<td>The Prescott College Alumni Sharing Knowledge Career Mentor Program matches students with alumni mentors who can assist with career-related decisions.</td>
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